

# Bread for the Soul

*Retreats, workshops, and  
parish missions that nourish  
the vocational life of the parish.*

*with*

**MARY SHARON MOORE, M.T.S.**  
*Catholic writer, speaker, retreat director*



**M**ARY SHARON MOORE has been touching the hearts, minds, and imagination of Christian men and women throughout the Pacific Northwest and nationwide since 2000 with her warm, welcoming presence and inspiring retreats and workshops. She challenges audiences to boldly rethink “vocation” to meet the needs of our 21st century world.

Vibrantly Christ-centered, Mary Sharon believes that regular, prayerful relationship with God is the key to living as Christ lived—*lovingly for the sake of the world.*

She continues to awaken faith within Christian communities, and guides clergy, DREs, catechists, parents, retirees, seniors, those who are new to the faith and those who are returning, and Christian single men and women, through customized retreats, workshops, and master classes for deeper life in Christ.

Mary Sharon’s work is firmly rooted in the centrality of Christ, in liturgical spirituality and Scripture, in the Church’s teaching, wisdom, and sacramental life, and in a rich tradition of prayer. Her work reveals her love and care for the Church.

*To schedule an event or to learn more, contact:*

## **AWAKENING VOCATIONS**

*Mary Sharon Moore, M.T.S., Director*

4150 Oak Street | Eugene OR 97405 | 541.687.2046 | 1.888.687.2046  
marysharon@awakeningvocations.com | www.awakeningvocations.com

*Nourishing the vocational life of parishes.*

# Three-Evening Parish Missions

*Awakening  
vocation  
in the  
Christian  
community.*

## ***Most popular missions . . .***

- Confirmed in Christ;
- Call to Christian Holiness;
- Searching for the Face of Jesus.

## ***What participants can expect . . .***

- Helpful teaching and encouragement on the most important aspect of life—living their baptismal call to life in Christ;
- Practical material grounded in good theology;
- A sense of the whole of Christian vocation, broken into manageable parts;
- Spiritual enrichment, renewal, and encouragement for their life.

## ***Sessions include . . .***

- A lavish use of Scripture, appropriate to the season.
- Stories, amusing and to the point, that connect faith with real life.
- A multi-page printed program for take-home inspiration.
- Closing with benediction or intercessory prayer.

## ***What participants should bring . . .***

- A commitment to participate in this three-evening immersion in adult faith formation;
- A friend, neighbor, spouse, co-worker, or young adult family member.

## ***Benefits to your parish . . .***

- Parishwide awakening of personal vocation of its members.
- A challenging and affirming message of faith “from a fresh voice.”
- Spiritual renewal that flows from the heart of Christ.
- Renewed commitment to connect faith with vocation.

## ***Usual fee . . .***

You set the price plus materials, travel, and lodging. Fee includes advance and follow-up consultation with the pastor or event coordinator.

Blest  
are they who  
hunger and  
thirst for  
righteousness,  
for they will  
be filled.

Matthew 5:6.

*“Every Christian man and woman is called to a life of holiness, real personal holiness that touches others’ lives in ways that reveal and continue Christ’s healing presence in the world.”* Mary Sharon Moore, on “Call to Christian Holiness.”

# Living in God's Economy

*A hands-on workshop for  
Christ-centered households  
in tough economic times.*

## ***What participants can expect . . .***

- Fun, encouragement, and a sense of belonging in the Christian community.
- Practical take-home materials in the *Living in God's Economy* workbook.
- Helpful resources and 50 pages of family-friendly worksheets.
- Rich opportunities to strengthen bonds with other families.

## ***What participants should bring . . .***

- Readiness to jump right into the workshop experience.
- Their family members—from the youngest through the teen years.
- A heart for living more simply and more Christ-centered.
- A desire to share experiences of family life and domestic church.

## ***Benefits to your parish . . .***

- Families more firmly rooted in their baptismal call to life in Christ.
- Families that feel more connected within the parish community.
- “Magnet” status in the region as a parish that deeply forms and empowers families to build leadership and participation in their “domestic church.”

## ***Usual fee . . .***

You set the price plus \$18/copy for the *Living in God's Economy* workbook, plus travel and lodging. Fee also includes advance and follow-up consultation with the pastor or event coordinator.

*“Living in God's Economy touches the spiritual as well as the material side of life at home. Even a household of one finds plenty to take away.”*

Mary Sharon Moore, on the workshop,  
*Living in God's Economy.*

But as for  
me and my  
household,  
we will  
serve the  
Lord.

Joshua 24:15.

**AWAKENING VOCATIONS | MARY SHARON MOORE, M.T.S., Director**  
4150 Oak Street | Eugene OR 97405 | 541.687.2046 | 1.888.687.2046  
marysharon@awakeningvocations.com

*Nourishing the vocational life of parishes.*

# DRE & Catechist Formation & Spiritual Nourishment

## *Most popular workshops . . .*

- Engaging Parents.
- Giving Retreats.
- Prayer Leadership.
- Safe, Respectful, and Creative Learning Environments.

## *What participants can expect . . .*

- Deep faith formation in christology, liturgy and sacraments, and Scripture.
- An abundance of practical, ready-to-use materials.
- Unexpected spiritual refreshment.
- Tangible support for growth in their ministry.
- Encouragement and strengthening of peer community.

## *What participants should bring . . .*

- A readiness to learn, imagine, and share insights.
- Their Bible and a favorite pen.
- Questions and challenging situations they want to address.

## *Benefits to your parish . . .*

- A catechetical team that is well-formed, enriched in faith, and energized in their ministry.
- Increased stability in the parish's teaching and evangelizing mission.
- "Magnet" status as a parish that supports those commissioned to awaken others to Christ-centered faith.

## *Usual fee . . .*

You set the price for course customization and preparation of curriculum materials, and full-day program delivery plus travel and lodging. Fee includes advance and follow-up consultation with the pastor or event coordinator.

For the  
gifts and  
the calling  
of God are  
irrevocable.

Romans 11:29.

*“Well-equipped and spiritually nourished catechists  
become a real blessing to the Christian community,  
and a parish’s best recruiters of more catechists.”*

Mary Sharon Moore, on catechist formation.

**AWAKENING VOCATIONS | MARY SHARON MOORE, M.T.S., Director**  
4150 Oak Street | Eugene OR 97405 | 541.687.2046 | 1.888.687.2046  
marysharon@awakeningvocations.com

*Nourishing the vocational life of parishes.*

# Liturgical Ministry Master Classes

*for lectors, eucharistic ministers, and more . . .*

## ***What participants can expect . . .***

- Simple, clear training in the elements of their ministry.
- A way to discern whether they are called to their particular ministry.
- Insight into the spiritual depth of their ministry.
- Encouragement and strengthening of peer community.

## ***What participants should bring . . .***

- A readiness to learn, imagine, and share insights.
- Questions and situations they want to address.

## ***Benefits to your parish . . .***

- A team of liturgical ministers that is well-formed and capable of enhancing the worship experience of parishioners.
- Increased stability in the parish's liturgical ministry team.
- "Magnet" status as a parish that supports liturgical ministers and that "does good liturgy."

## ***Usual fee . . .***

Course customization and preparation of curriculum materials for a half-day program, and program delivery: You set the price plus travel and lodging. Fee includes advance and follow-up consultation with the pastor or event coordinator.

## ***Retreat topics include . . .***

- Contemplative prayer.
- Seasonal reflections on life in Christ.
- Spiritual gifts and vocation.
- Discerning celibate and single life.
- Simple living for the sake of the Gospel.
- Parish staff renewal days.
- Clergy and lay ministers retreats.

## ***Usual fee . . .***

Retreats are customized to the group and liturgical season: You set the price plus travel and lodging. Fee includes advance and follow-up consultation with the pastor or event coordinator.

Let the  
word  
of Christ  
dwell  
in you  
richly.

Colossians 3:16.

## Seasonal & Sacramental Retreats

*for clergy, pastoral teams, parishioners,  
and for special occasions.*

*To schedule a program,  
or for more information, please contact:*

### **AWAKENING VOCATIONS**

**MARY SHARON MOORE, M.T.S., Director**  
4150 Oak Street | Eugene OR 97405  
541.687.2046 | 1.888.687.2046  
marysharon@awakeningvocations.com

*Nourishing the vocational life of parishes.*